



Escola Básica 2.3 de Azeitão

ENGLISH - 9th GRADE - 5th LEVEL - WORKSHEET 7



Name: _____ Class: _____ Date: ____ January 2014

Present Perfect Simple and Continuous

A - Complete with the correct form of the verbs:

1. Linda _____ (travel) around Europe for three months.
2. She _____ (visit) six countries so far.
3. Jimmy _____ (play) tennis since he was five years old.
4. He _____ (win) the national championship four times.
5. Bill and Andy _____ (make) ten films.
6. They _____ (make) films for many years now.
7. Look! Somebody _____ (break) the window.
8. I _____ (read) the book you gave all morning.
9. But I _____ (not finish) it yet.
10. Sorry I'm late. That's all right. I _____ (not wait) for a long time.
11. Peter _____ (clean) the windows for some time.
12. So far he _____ (clean) five of them and there are two more to go.
13. My brother is an actor. He _____ (appear) in several films.
14. I _____ (learn) Chinese for two years now.

NOUNS AND PREPOSITIONS

B - Complete with the correct prepositions:

1. The firm closed down. There wasn't enough demand _____ its product.
2. The train was late but nobody knew the reason _____ the delay.
3. There has been a decrease _____ road accidents.
4. Nobody knows what the cause _____ the accident was.
5. His attitude _____ his job is very negative.
6. Do you have a good relationship _____ your parents?
7. We're trying to find a solution _____ the problem.
8. The advantage _____ having a car is that you move around quickly.
9. There has been a rise _____ the cost of living recently.
10. There has been a big increase _____ prices.
11. Tom's reaction _____ my suggestion wasn't very enthusiastic.
12. Did you get an invitation _____ the party?
13. Jobs have decreased. In fact, there is a great lack _____ job offers.
14. What are the disadvantages _____ living in the countryside?

Reading Comprehension Exercises

Teens, School and Food

My parents always told me to eat fruits and vegetables along with protein and carbs* at every meal. I don't have to think, "Gee, I should really eat a salad this time". Instead, I just know that I feel like eating a salad with my pasta. Thus, eating healthily isn't something that I associate with counting calories; it's something that just comes naturally.

In my opinion, healthy habits start at home and are perpetuated at school. Even in my high school, in a relatively health conscious community, students who choose to buy cafeteria food are literally unable to purchase a healthy meal. No matter how much we are taught about eating well, if lunch choices are pizza, fries, cookies, or fried chicken, nobody's going to be losing weight.

Melissa, 15, Canada

My high school has an open campus policy*, so students are allowed to leave the school grounds for lunch. There are at least ten places to eat within walking distance. Still, despite the diversity, there are three or four eateries that are always crowded, and adults may be shocked to find that this doesn't include fast food restaurants. By far one of the most popular places to eat is the local delicatessen. Though it's far from the least expensive place, kids are willing to spend a little extra money to get service that is friendly, personal, and a little more like home. Resourceful teens can call in on their way over or a period early to have their sandwich made ready before the rush.

Kevin, 14, USA

Vocabulary:

*carbs - informal for carbohydrates

C - Who says what?

1. Eating healthy food isn't a sacrifice for me.
2. Students can go outside at lunch time.
3. Students prefer paying some more to get better service.
4. The food kids buy at the school cafeteria isn't healthy.

D - Match the words to their definitions:

- | | |
|---------------------|--------------------|
| 1. community | a) offers |
| 2. choose | b) group of people |
| 3. choices | c) near |
| 4. are allowed | d) make an option |
| 5. walking distance | e) get permission |

E - Answer these questions on the text:

1. Does Melissa have good eating habits? Explain.
2. What choices are there at school cafeterias?
3. According to Kevin, where do most of his colleagues go for lunch? Why?
4. What is some kids' strategy to get their food faster?

F - Write a text based on the following topics (around 100 words):

1. Do you like eating fast food? Explain.
2. What food do you consider healthy? Explain.
3. What are your favourite sports?
4. Do you practise sport outside school?
5. What are the consequences of eating fast food and doing no physical exercise?

Written
Practice